

Contents

FOREWARD INTRODUCTION		i iii
Day 1	Begin with the End in Mind	1
Day 2	Go for the Goal	5
Day 3	Never Give Up	9
Day 4	Compete Against the BestYOU	13
Day 5	Take Action	17
Day 6	Hard Work Is the Key	21
Day 7	Prioritize Your Life	25
Week 2		
Day 8	Follow Your Heart's Desire	29
Day 9	Recognize Your Fears	33
Day 10	Overcome Obstacles	37
Day 11	Become a Daily Success	41
Day 12	Empower Yourself	45
Day 13	Ask Without Forgiveness	49
Day 14	Let Your Light Shine	53

Week 3		
Day 15	Travel Light	57
Day 16	Put the Past Behind You	61
Day 17	Be Resilient	65
Day 18	Become Someone You've Never Been	69
Day 19	Do More	73
Day 20	Give More Than You Get	77
Day 21	Build a Support System	81
Week 4		
Day 22	Choose Wisely	85
Day 23	Enlist Enthusiasm	89
Day 24	Master Your Emotions	93
Day 25	Know Your Kryptonite	97
Day 26	Eat Your Spinach	101
Day 27	Know That Impossible Is Nothing	105
Day 28	Find Your Will To Win	109
Day 29	Be Content in Every Season	113
Day 30	Welcome the Struggle	117
CONGRATULATIONS		121
THERE'S MORE TO COME		122

Foreword

When you think of your own personal success, what do you see? Do you see yourself in good health, financially wealthy, or running your own business? Maybe you visualize a promising career, a well adjusted family life, or the mere feeling of being happy and content. Regardless of what you envision, each of us has, or should have some idea about our vision for success. A vision not created for us by the standards of society, but one that we have personally crafted and developed to represent where we want to be and what we desire to accomplish in this thing we call "life."

In the pages that follow, A'Yanna Webster illustrates that success IS possible for each of us, and gives us useful insight on how to take our "personal" vision of success to the next level. It takes someone with a vision of the possibilities to attain new levels of success, someone with the courage to live their dreams. And if you are going to achieve success on a new level, you will need to not only have the desire, but you will also need to possess the "know how." If you have the desire, A'Yanna will give you the know how through the readings in this book. So, buckle your seat belt and get ready to embark on a 30 day ride that will provide you with the tips, ideas strategies, and techniques employed by some of the most successful people in the world.

It is a proven fact that those who are truly successful in achieving their dreams and goal share common characteristics. While these simple characteristics are not a secret and can be adapted by almost anyone who has the desire, they still tend to evade many people. A'Yanna, in *Winning Ways How to Achieve Success...No Matter What*, gives us a straightforward guide to adopting these characteristics, or ways of those who are winners. She helps us to understand that if we are ready to move toward success, then it is time to take action and to make a change. Now is the time to take on the *Winning Ways* that will bring about the

necessary change to get you to your place of greatness in the *Winner's Circle*.

So let me, Les Brown "The Motivator", personally invite you to join me, and A'Yanna Webster, in the "Winners Circle". I know that after you complete this journey, you will be well on your way to achieving the success that awaits you. I challenge you to look for ways to be an active force in your life. Take charge of your destiny. Design a life of substance, and truly begin to live your dreams.

Les Brown Motivational Speaker and Author

Winning Quote

If you don't know where you are going, you might wind up someplace else.

-Yogi Berra, American Baseball Player

Day 1

Begin with the End in Mind

On this, the first day of our thirty days to a mindset of success, we are going to begin with the end in mind. Do this: close your eyes and envision yourself at the end of your journey. "What is the end?" you ask. The end is the place where you want to be in this life. Begin to envision yourself as you desire to be, in the places you want to be, with the people you want with you, doing the things you desire to do, and possessing those things you desire to have. This is YOUR success. This is the place, that in the next thirty days, your mind will visit daily, and in the end, where your heart will take residence. As you begin your journey into the life and mind of success, know that in the next thirty days you will be challenged to examine and do some things that you may never have done in your As you read, ponder, and even execute the daily Winning **Applications**, you may become uncomfortable. Just know that neither the mind of success nor success itself will come without some level of discomfort. (We'll discuss this discomfort more in depth in the next several days.)

In the days ahead, as you read and things begin to happen in your life, and in the lives of others around you, I challenge you to reflect and meditate on YOUR *end*. As you focus on the end, instead of your current situation, you will know that your end will arrive in due season. Your maintaining focus will make it easier for you to stay motivated to take actions which will lead you toward your end. As you focus on your end, each day you will find it easier to pick up this book. You will be excited and energized to see what is in store for you as you continue your daily readings. You will be empowered to see, create, and take action toward achieving your END. So, this is it, your first day toward developing and keeping the mind of success. I will be with you all the way. Keep reading, and watch yourself

evolve as thoughts about yourself and success are developed each day.

Remember to keep *your end* in front of you, because IT is the motivation for adapting a mindset that thinks, creates, and lives success. The more you develop your thinking about success, the closer you will come to it. So get ready to spend the next twenty-nine days working on *you* and your concept of success. It is said that what we focus on, we create. As you focus on your success for the next several weeks, get ready to create an ENDING that you, before today, could only imagine in your wildest of dreams. Stay focused, be consistent, and know there is *NO thing*, except you, that can stop you from achieving success...**NO MATTER WHAT!**

Winning Application

9

On this first day, answer the questions in today's reading about what **your** *end* looks like. Write the answers to these questions in your journal section, and refer to it often, as you go through the next several weeks.

Winning Ways Journal